



Maine Pediatrics

September 2024 | Newsletter Highlights

- **President's Message:** New strategic plan & exciting events coming!
- **Chapter Highlight:** Maine AAP Board Members Gather for Strategic Planning Session
- **2024 Fall Education Series:** Join the first session on September 18th!
- **Maine AAP Engagement Mixer:** Networking, snacks, & fun - Lewiston!
- **Connect with us on Social Media!**
- **'Did you Know?'** AAP Pediatrics on Call Podcast has Over 200 Episodes
- **Upcoming Maine AAP Programs:** Save the date! School Health Series
- **Upcoming Partner Programs**
- **'In The News'** New School Attendance Toolkit



A Message from Maine AAP's President Brian Youth, MD, FAAP

Wow - is it really September? I saw red maple leaves peeking out of foliage the other day and felt a slight chill in the air reminding me of the wonderful change of seasons in Maine. I hope the gradual move into fall is smooth for you and your families!

Maine AAP has been busy! Our Board held a once-every-4-years Strategic Planning Retreat last week. ***Pediatric advocacy and support of our children*** is forefront in our minds. General themes included advocating for the well-being of our patients to promote their healthy physical and mental/emotional development, a renewed focus on the impacts of environmental health on our patients, continued advocacy on gun safety and efforts to treat youth with substance use challenges, and a call to action to focus on physician wellness. We are excited our goals align with other State organizations and National AAP priorities.

Committee Highlights - I want to highlight our ***Career/Leadership/Mentorship Committee*** - this committee, co-chaired by Annie Coates, MD and Alton Kremer, MD oversees our career networking program and coordinates statewide networking events. They work closely with our ***Communications and Member Engagement Committee*** (co-chaired by Michele LaBotz, MD and Amy Buczkowski, MD) to host social events throughout our State to bring members, pediatric colleagues, students, and residents together to talk about mentorship, and hear about Maine AAP projects. **These mixers allow the Board to hear from providers in various regions of our state caring**

for children. Over the last year we hosted events in Portland, Biddeford, and Bangor. Our next event is Tuesday, October 1st in Lewiston! We welcome all members and pediatric care providers to join us, particularly those in central Maine (Lewiston, Skowhegan, Mid-Coast, Western Maine)! Thank you for all you do for the children and families of Maine. Please consider registering for the **Fall Webinar Series*** that will run on Wednesday nights, starting September 18th.

Chapter Highlight!



The Maine AAP Board of Directors and staff held their four-year strategic planning session. It was a great day of brainstorming and sharing ideas toward developing our plan for 2024-2028. We are excited to share this work with our members soon!

Join Us for the Maine AAP Fall Education Series

Maine AAP Fall Webinar Series

Wednesdays | 7pm

8 CME Credits Available

REGISTER AT:
<https://ti.to/maap/2024-fall-webinar-series>



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint provisionship of the Maine Medical Education Trust and Maine Chapter American Academy of Pediatrics. The Maine Medical Education Trust is accredited by the Maine Medical Association Committee on Continuing Medical Education and Accreditation to provide continuing medical education for physicians.

The Maine Medical Education Trust designates this regularly scheduled series for a maximum of 8 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

September 18

Tough Talks with Teens: Decreasing Risk & Motivating Change



ANNA MAYO, PSYD

October 16


Bumps to the Brain: 2024 Updates on Concussion Management



MICHELE LABOTZ, MD

September 25


Increasing Rates of Invasive Group A Strep Infections



YORGO ZAHLANIE, MD

October 23


Telehealth: What Clinicians Need to Know



DANIELLE LOUDER & VALERIE O'HARA, DO

October 2

Asthma Action Plans & SMART



ANNE COATES, MD

November 6


Adolescent Obesity Treatment



CARRIE GORDON, MD

October 9


Perinatal Hepatitis C, HIV, and Congenital Syphilis in Maine



HELEN PRICE-WHARFF, MPH, FNP

November 13

Climate Change & Kids: Health Effects & Communication Strategies for Pediatricians



ERIN FLYNN, MD

Join us for the September sessions of the **2024 Fall Education Series**! Dr. Anna Mayo will kick off the series with her presentation, *Tough Talks with Teens*, followed by Dr. Yorgo Zahlanie presenting on *Increasing Rates of Invasive Group A Strep Infections*. Other topics for the series include asthma treatment planning, concussion management, telehealth, adolescent obesity & medical treatment, and climate change. Register to attend the live sessions for CME credit or get the link to watch at your convenience.

REGISTER HERE

Maine AAP Engagement Mixer!

The Maine AAP Career/Leadership/Mentorship and Member Engagement Committees invite you to join us on Tuesday, October 1st to build connections with pediatric colleagues... especially those practicing in Central and Western Maine. This gathering is open to all pediatric providers! Come learn about our programs, ask questions, enjoy some fun snacks and a beverage, informally network with seasoned members and old friends, and have some fun!

When: Tuesday, October 1st | 5:30 - 7:30PM

Where: The Pub at Baxter (Brewing), Lewiston

MAINE AAP ENGAGEMENT MIXER

Appetizers & Cash Bar

TUESDAY, OCTOBER 1
5:30PM - 7:30PM

THE PUB AT BAXTER, LEWISTON

Join us to build connections with your pediatric colleagues... especially those practicing in Central and Western Maine.

This gathering is open to all pediatric providers! Come learn about our programs, ask any questions you may have, grab a snack and beverage, network with seasoned members, and have fun!



REGISTER HERE:




REGISTER HERE



Connect with the Maine AAP on Social Media!

Join us in using the power to spread good messages, share new clinical info or pertinent articles when using social media platforms such as Twitter, Facebook, LinkedIn, and Instagram. <https://linktr.ee/maineaap>

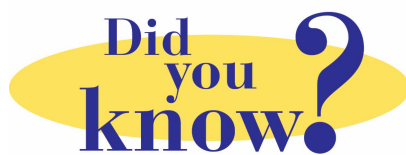
Looking for substance use treatment education? View our **TREAT ME Learning Series**, broken down into 12 Units, now available on the Maine Medical Association's Center for Quality Improvement **website**. **21.5 CME and 3.5 Opioid Prescribing Credits are available!** TREAT

ME was created to increase knowledge of primary care practitioners about the prevalence, risks, comorbidities, and management of problematic substance use and Substance Use Disorder (SUD) in the adolescent population.



Gifts to Maine AAP directly impact the health and well-being of children in Maine.

Please consider making a gift today - [click here](#)



The AAP Offers Podcasts for Families and Pediatricians!

Pediatrics On Call Podcast provides expertise and conversation on a plethora of child health topics. You can view the entirety of over 200 episodes at <https://www.aap.org/podcast>. The

newest episode is called [Preventing Maltreatment of Children, Treating ADHD in the Medical Home](#).

Upcoming Maine AAP Programs

Save the date! The Maine AAP School Health Series in Partnership with the Maine Department of Education begins on Tuesday, October 1st from 3:30PM - 4:30PM. Topics for the series include immunizations, attendance, supporting students with special needs, resilience, emotional dysregulation, adolescent confidentiality, and suicide prevention. You can register [here!](#)

Don't forget to [register](#) for The Fall Education Series! See details above.

Upcoming Partner Programs

September 3, 2024 | 3:30PM - 4:30PM: Maine's Children and Youth with Special Health Care Needs Monthly Learning Series - MaineCare in Education. [Learn more](#)

September 4, 2024 | 12:00PM - 1:00PM: The MPBHP is launching Pediatric Psychiatry in the Primary Care Setting ECHO! The webinars will be held on the 1st Wednesday of the month at 12N and run September 4th through June 4th and are for all Pediatric primary care providers and their clinical teams. [Register here](#)

September 5, 2024 | 1:00PM - 2:15PM: Maine AAP Board Member & Suicide Prevention Ambassador Alyssa Goodwin, MD is on the faculty for the AAP & AFSP Suicide Prevention Clinical ECHO. Held the 1st Thursday of each month through April 2025 [Learn more and register here](#)

September 11, 2024 | 12:00PM - 1:00PM: ME SUD Learning Community Adolescent and Young Adult ECHO: Adolescent Specific Care and Addressing SUD Prevention and Treatment, held the second Wednesday of the month thru May 2025. Free CME available. [Register here](#)

September 18, 2024 | 12:00PM - 5:00PM: Partnerships in Pediatrics Conference at Pen Bay Medical Center. [Learn more](#)

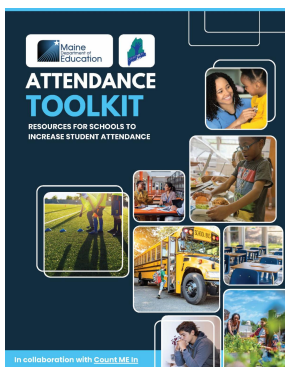
September 26, 2024 | 7:30AM - 8:30AM: MPBHP presents Addressing Anxiety in Pediatric Populations with speaker Dr. Matthew Brown. [Register here](#)

September 26 & 27, 2024: Everything you Wanted to Know about AI, Technology and Mental Health. [Learn more](#)

September 30, 2024: Defining Moments in Brain Injury Conference, Portland, Maine. [Learn more](#)

October 23-24, 2024: Maine Primary Care Association 2024 Annual Conference "Maine's FQHCs: Employers, Providers, and Partners of Choice" at the Samoset Resort in Rockport, Maine. [Register here.](#)

In the News



Attendance Works released an updated **"When is sick too sick for school?"** handout for schools and parents.

The Maine Department of Education & Count Me In created an **Attendance Toolkit: Resources for Schools to Increase Student Attendance.**

Dr. Rushika Conroy, Pediatric Obesity Program Leader at MaineHealth Weight Management, published an article titled **Treatment of Pediatric Obesity in Rural Settings: Identifying and Overcome Barriers to Care.** View The article includes barriers to effective obesity care for pediatric patients living in rural settings, ways to overcome these barriers, how telehealth programs can be successful in treating pediatric obesity, and further research into effective treatment.

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