



Maine Pediatrics

February 2025 | Newsletter Highlights

- **President's Message**
- **Maine AAP Annual Conference:** Registration is open!
- **Project Highlight:** Emergency Department Readiness & Pediatric Care Coordination
- **Maine AAP School Health Series:** Next Session is February 4th - *Emotional Dysregulation in the School Setting* by Dr. Kasey Moss
- **Physicians' Day at the Legislature:** Save the Date!
- **Connect With Us On Social Media**
- **'Did you Know?'** FAME helps Maine families plan and pay for higher education
- **Upcoming Maine AAP Programs**
- **'In the News':** New courses, recommendations, & trainings available
- **Upcoming Partner Programs**



A Message from Maine AAP's President, Brian Youth, MD, FAAP

Hello everyone! 2025 has been off to quite a start.

Your AAP Committees are hard at work. The **Advocacy Committee** is closely tracking upcoming bills in the legislature for us to prioritize as we enter this legislative session; the **Environmental Health/Climate Change Committee** is busy gathering resources for providers and patients that will be available on our website soon; the **School Health Committee** is focused on developing content for a fall School Health Summit as well as working toward ways to improve bidirectional communication between school health centers/nurses and provider offices; and the 2 newest committees (**Professional Sustainability** and **Healthy Mental Development**) are exploring payment reform, provider wellness, and how to best advocate for better access to care for our vulnerable patients suffering mental health crises. **Foster Care, Conference/Education, Career/Leadership/Engagement, Gun Safety and Telehealth Committees** all continue their work, and we encourage anyone interested in getting more involved in a committee to reach out to Dee Kerry to learn more about joining one of these active groups!

Speaking of **Conferences**- we are so excited to see many of you at the Spring AAP Meeting at the Samoset- [click here to view the agenda & register](#) - it's shaping up to be an amazing weekend!

I wanted to share that Dr. Sue Kressly recently took over the role of President of our

National AAP Chapter, replacing Ben Hoffman. Read her President's message here if you have not yet seen it: [Susan Kressly, MD, AAP President Message 1.14.25](#)

Finally, in reflecting on the events of the last few weeks, I keep coming back to the word "Community" and stumbled on this version of many definitions: ***"A community results from a web of complex and interdependent relationships that form over time among individuals who share common interests, values, and aspirations. Community members care deeply about one another and work closely together towards a common purpose."***

I am so grateful for each and every one of you in our pediatric community.



We are excited to share that our amazing chapter president, Dr. Brian Youth, has accepted a new role at MaineHealth and will serve as the *Southern Region Pediatric Primary Care Senior Medical Director!*

Way to go, Brian!

SAMOSET RESORT  **MARCH 28TH-30TH**

2025 MAINE AAP SPRING CONFERENCE
**PUTTING KIDS FIRST:
CONNECTING & COLLABORATING
FOR A HEALTHY MAINE**

KEYNOTE SPEAKERS:


PJ ZIMAKAS, MD
PEDIATRIC ENDOCRINE
DIVISION DIRECTOR,
UVM CHILDREN'S HOSPITAL


PUTHIERY VA, DO
DIRECTOR
MAINE CENTER FOR
DISEASE CONTROL



SUNDAY SPOTLIGHT
A Voice for Maine's Future: Julia Gagnon's
Journey from Maine Kid to American Idol Star
(presentation and performance by Julia)

To register, please use the link or scan the QR code
<https://ti.to/maap/maine-aap-spring-2025> 

[View the Agenda & Register](#)




Project Highlight

Emergency Department Readiness & Pediatric Care Coordination

For the past 18 months, Maine AAP has been working with the EMS-C on the Maine Always Ready for Children Program (MARC). Our Ambassador for this work is **Rosie Davis, MD**, a hospitalist in central Maine. When we began outreach and engagement to make sure Maine Hospitals all had a Pediatric Emergency Care Coordinator identified, only 74% did. With encouragement and support, now over 90% have a PECC identified, and many have achieved recognition through the MARC program! A new website providing education, sample policies, educational videos, treatment algorithms and practice scenarios for a dozen emergency protocols including neonatal resuscitation, bronchiolitis, sepsis, asthma and more, is almost complete.

Pediatricians, School Health Advisors, School Nurses, Social Workers, Guidance Counselors: please join us the first Tuesday of each month!


MAINE AAP SCHOOL HEALTH SERIES
IN PARTNERSHIP WITH THE MAINE DEPARTMENT OF EDUCATION





Kasey Moss,
DO, MPH

EMOTIONAL
DYSREGULATION
IN THE
SCHOOL SETTING

REGISTER AT:
[HTTPS://WWW.SURVEYMONKEY.COM/R/SCHOOLHEALTHSERIES](https://www.surveymonkey.com/r/schoolhealthseries)



Tuesday,
February 4th,
3:30-4:30PM

View the Full Series Flyer and Register
Here

Physicians' Day at the Legislature

Maine State House
Hall of Flags

Thursday, March 6th, 2025
from 8:00 am to 12:00 pm

 Maine Medical Association



Learn
More



Connect with Maine AAP on Social Media!

Join us on social media to share good messages, new clinical info or pertinent articles, X, Facebook, LinkedIn, and Instagram. <https://linktr.ee/maineaap>

Gifts to Maine AAP directly benefit members and trainees by helping to support attendance at educational and legislative conferences!



Please consider making a gift today - [click here](#)



Maine Babies Automatically Get a \$500 Alfond Grant Invested for their Future Education?

Did you know that all Maine resident babies automatically get a \$500 Alfond Grant invested for their future education? Or as one nurse once told us, "It's the second-best thing families bring home from the hospital!" The grant grows with the child and is there for when they are ready to continue education after high school. We partner with hospitals and healthcare providers across Maine to inform families about the incredible opportunity offered by the Alfond Grant program! Learn more at www.myalfondgrant.org.

my **Alfond** grant



Did you know the Finance Authority of Maine (FAME) helps Maine families plan and pay for higher education?

A top financial concern for families is saving for future higher education costs. Time spent worrying can reduce employee productivity. FAME administers NextGen 529, Maine's section 529 plan, an investment account used to save for education after high



school. NextGen 529 is for people of all ages – babies, kids, even adults saving for their own education.

Employers who wish to promote financial wellness for employees can turn to FAME's College Savings Counselors.

Karin Parsons - 207-620-3502 - kparsons@famemaine.com.

Maire Pelletier - 207-620-3508 - mpelletier@famemaine.com.

Learn more by visiting NextGenforME.com or FAMEMaine.com

Upcoming Maine AAP Programs

February 4, 2025 | 3:30-4:30PM: Maine AAP School Health Series in Partnership with the Maine Department of Education. The next session is *Emotional Dysregulation in the School Setting* by Dr. Kasey Moss. Be sure to [register](#). Download the flyer [here](#).

The Maine AAP & MMA Center for Quality Improvement Offer Ongoing Substance Use Treatment Education. View our [TREAT ME Learning Series](#), broken down into 12 Units, now available on the Maine Medical Association's [website](#).



In the News

The AAP is offering online leadership courses developed in partnership with the [American Association of Physician Leadership](#).

Advisory Committee on Immunization Practices Recommended Immunization Schedule for Children and Adolescents Aged 18 Years or Younger. The 2025 Recommended Child and Adolescent Immunization Schedule features several updates, including a new MenB-4C (Bexsero) vaccination schedule, additional doses of 2024-2025 COVID-19 vaccine for people with weakened immune systems, and the addition of Vaxelis as a second preferred option for Haemophilus influenzae type b (Hib) vaccination in American Indian and Alaska Native infants. [Read more.](#)

MaineHealth Center for Tobacco Independence offers tobacco treatment training and education opportunities. You can complete your tobacco treatment specialist training this spring! Advice and assistance from a healthcare professional remains a powerful tool for helping tobacco users quit and these patients should be offered assistance at each healthcare visit. The MaineHealth Center for Tobacco Independence Training and Education Program is fully accredited by the Council for Tobacco Treatment Training Programs (CTTTP). [Learn more here.](#)

Medicaid and CHIP: 5 Facts for Families

Medicaid and the Children's Health Insurance Program (CHIP) provide free or low-cost health insurance to nearly half of all kids in the U.S. They help children get the care they need to stay healthy in school and during activities. See how they work and how to find out if your child can enroll in [this article from HealthyChildren.org](#).

Upcoming Partner Programs

February 4th | 3:30-4:30PM: Maine's Children and Youth with Special Health Care Needs Monthly Learning Series: Maine Paid Family and Medical Leave. [Learn more.](#)

February 4th | 10:00-11:00AM: Celebrating National Parent Leadership Month & HOPE: Healthy Outcomes from Positive Experiences. [Learn more.](#)

February 6th | 12:00-1:00PM: Maine Pediatric Behavioral Health Partnership ECHO

Session Webinar on Crisis and Counseling Services. [Learn more.](#)

February 6th | 12:00-1:00PM: Maine State Breastfeeding Coalition Webinar: Understanding, Identifying and Healing Traumatic Experiences in Birth and Breastfeeding - A Compassionate Approach for Lactation Professionals. [Learn more.](#)

February 11th | 12:00-1:00PM: PEH Grand Rounds: Plastics and Children's Health. [Learn more and register.](#)

February 12th | 12:00-1:00PM: ME SUD Learning Community Adolescent and Young Adult ECHO: Eating Disorders. [Learn more.](#)

February 26th | 8:00AM-4:30PM: Strengthening Maine's Trauma-Informed Community: Workforce Preparedness. Targeted Violence and Terrorism: Strengths, Needs, and Risks Assessment & Management Tool (TSAM) Training at the USM Campus. [Learn more.](#)

March 26th | 9:00AM-2:30PM: Highlighting the Value of Partnering with Families to Positively Impact Systems Change - at the Augusta Civic Center. [Learn more.](#)

Maine AAP | 30 Association Drive Box 190 | Manchester, ME 04351 US

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