

# improving the oral health of Maine's children

### **WHO**

Infants and children of Maine with teeth seen at a medical home

### **WHAT**

From the First Tooth is a statewide pediatric oral health initiative that focuses on improving the oral health of Maine's children by increasing access to preventive dental services within their medical home

### WHERE

Primary care medical practices that see Maine children



### **HOW**

FTFT provides training to the health care team on how to integrate and conduct an oral health and caries risk assessment, application of fluoride varnish, and discusses key messages to provide the caregiver during well child visits. If a child does not see a dentist, a referral should be provided by the health care team to ensure a dental home is identified.



# From the First Tooth integrates 4 components into primary care:

- 1. Oral Evaluation
- 2. Fluoride Varnish Application
- 3. Health Education for Parents
- 4. Referral to a Dentist

## WHY

Early Childhood caries (tooth decay) is the most common chronic childhood disease.

Dental caries is 5x more common than asthma

The U.S. Preventive Task Force recommends that primary care clinicians apply fluoride varnish to the primary teeth of infants and children starting when the first tooth erupts. These recommendations are also supported by the AAP, AAPD and ADA.

# CARE CHECKLIST



oral health risk assessment

fluoride varnish application

3 parent/caregiver education

document and bill

### **CONTACT US!**

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Order free patient education and practice materials: fromthefirsttooth.org/contact/order-materials





From the First Tooth is a statewide oral health initiative supported by the Partnership for Children's Oral health. From the First Tooth aims to improve the oral health of Maine children from the eruption of the child's first tooth through the age of five.